



APPROVAL FORM FOR SELF ADMINISTERED MEDICATIONS

PHYSICIANS PLEASE READ: By signing this form you are giving permission for your patient to administer lifesaving medications without adult or medical supervision of any kind. Do not sign this form unless the child has a life-threatening condition and self-administers his/her own medication. **PHYSICIANS PLEASE READ:** Dosing instructions or any limitations, notes or comments, such as when these devices can or can't be used, nullifies the document.

As the health care provider for [CAMPER NAME] _____

during his/her time at camp, the above listed camper is permitted to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and self-administer as medically necessary. Check all that apply and **DO NOT ADD** notes/instructions.

- Epi-Pen** (*Benadryl is not considered a lifesaving medication*)
- Inhaler** (*rescue inhalers only*)
- Insulin** (*including all related diabetic supplies, needles, etc.*)

I have read the State of Maine Law below, and confirm that the camper has the knowledge and the skills to have readily available and safely self-administer the indicated emergency medication in camp.

Summary of Maine Law on Self-Administration of Emergency Medications

Recreational camps for children; emergency medication. A recreational camp for boys or girls must have a written policy authorizing campers to self-administer emergency medication, including, but not limited to, an asthma inhaler or an epinephrine pen. The written policy must include the following requirements:

1. A camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
2. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
3. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and
4. The emergency medication must be readily available to the camper.

Primary Healthcare Provider Signature

Date